

**ONTARIO  
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LABOUR**

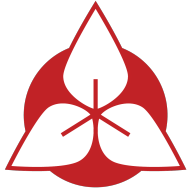
## **Here are some actions you can take to fight to stop HIV/AIDS stigma and discrimination:**

### **For Individuals:**

- **Get Tested:** Regular HIV testing is crucial. Know your status and encourage others to do the same.
- **Educate Yourself and Others:** Stay informed about HIV/AIDS prevention, treatment, and transmission. Share this knowledge within workplaces, community settings and online.
- **Speak Up:** Challenge discriminatory remarks or jokes about HIV/AIDS.
- **Support Colleagues:** Offer support to colleagues who are living with HIV/AIDS.
- **Support Local Initiatives:** Volunteer or donate to HIV/AIDS organizations.
- **Policy Advocacy:** Encourage the adoption of non-discriminatory health policies at work.
- **Lobbying:** Lobby parliamentarians to create and enforce laws that protect the rights of people living with HIV/AIDS.
- **Faith-Based Outreach:** Engage with faith leaders to promote compassionate responses to HIV/AIDS.
- **Community Dialogues:** Host or participate in community discussions to raise awareness.
- **Fundraise:** Organize or contribute to fundraisers for HIV/AIDS research and support services.
- **Art and Expression:** Use art, music, and literature to convey messages of support and understanding.

### **For Healthcare Providers:**

- **Enhance Accessibility:** Ensure that HIV testing and treatment are accessible to all Ontarians, regardless of their background.
- **Promote Viral Suppression:** Support patients in maintaining their treatment regimens to achieve viral suppression.



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- **Educate Patients:** Provide comprehensive education to patients about HIV management and prevention.

## For Educators:

- **Incorporate HIV/AIDS Education:** Include accurate information about HIV/AIDS in the curriculum.
- **Create Supportive Environments:** Foster a school environment that is inclusive and supportive of students living with or affected by HIV.

## For Employers:

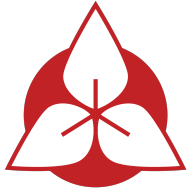
- **Implement Non-Discriminatory Policies:** Ensure workplace policies protect the rights of employees living with HIV/AIDS.
- **Educate Your Workforce:** Host workshops and seminars to educate employees about HIV and reduce stigma.
- **Campaigns:** Lead or join campaigns that focus on reducing HIV/AIDS stigma and discrimination.
- **Healthcare Involvement:** Collaborate with healthcare providers to improve care for people living with HIV/AIDS.

## For Community Leaders:

- **Advocate for Inclusivity:** Work towards creating inclusive spaces for all, regardless of HIV/AIDS status.
- **Engage in Dialogue:** Lead community discussions to address stigma and discrimination associated with HIV/AIDS.

## For Media Personnel:

- **Responsible Reporting:** Share stories that humanize individuals living with HIV/AIDS and avoid sensationalism.
- **Raise Awareness:** Use your platform to spread awareness about HIV prevention and treatment options.



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**For Policy Makers:**

- **Support 90-90-90 Goals:** Strive to meet and surpass the UN's 90-90-90 targets.
- **Allocate Resources:** Ensure funding is available for HIV prevention, treatment, and support services.